

Our Courageous Woman

By Robbie Motter

This article is about Sienna Lea, a talented author, speaker and seminar leader, whose own life journeys have taken her to many levels

When I interviewed Sienna Lea she proudly handed me her book review in this month's *Light Connection*. It read:

Stealing the Moon is the compelling story of Dr. Natalie Stearn's search to find and transcend the dark energy she has been caring for lifetimes. Forced onto this path as a result of a calamity she created that endangered a patient and had disastrous repercussions for many, She finds her road twisting and turning through One unpredictable drama after another, leading ultimately to the court of Akenhaten in ancient Egypt.

Encouraged and supported by the wise woman, who is her counselor and teacher, Natalie struggles to understand the hold of Akenhaten's queen, Nefertiti, on her own psyche in the 21st century. Tortured by memories of her childhood and mysterious voices and images emerging from her subconscious, she is led to witness the long-hidden secret of Akenhaten's perversion. Her discovery makes it clear that this pharaoh remembered by all as a great egalitarian and uniter of the people under a single God was, in fact, the usurper of feminine power on this planet.

I enjoyed the book immensely. The story is well told the imagery powerful and original. I truly appreciated the fact that Sienna resisted the temptation to resolve everything for us in the end. Her point is that all women have been infected and disempowered by the curse of Akenhaten, and that each of us must make the journey into the deep shadow of our own psyches if we wish to break this curse laid upon womankind thousands of years ago and free ourselves to move into the future as co-creators of our world.

I hope this book manages to find marketing to do it justice, for it is better written than *The Celestine Prophecy* and easily as fascinating a read.

Q. Sienna, what is courageous in the road you have taken in writing this book and, how can it help other woman forge ahead?

A. I had the great good fortune to have had a thirty-year relationship with a wonderful woman teacher, Ms. Aysha Love. She had the courage to stand outside convention and forge a journey guided only by her female integrity to live true to her connection to life. She lead me to experience my deep shadow self and that has made all the difference in my ability to act from a new wholeness that is full of feminine being and *Emotional Quantum Intelligence*.

Q. What does this *Emotional Quantum Intelligence* have to do with feminine courage?

A. Aysha wrote: "*Emotional Quantum Intelligence is the ability to respond with correct intention and reaction to the issues that face all of us in the here and now.* It is the feeling and emotional hook-up to the promise, potential and divinity of a humanity that lives out of humane based internal dignity. Asserting self-pride and love as a basis for human experience, which encompasses a future naturally, dedicated to individual respect and a concern for appropriate global awareness."

Until I took the journey into the deep shadow I was completely out of integrity with life. I am not saying I am now a perfect person but before, my life was like Dr. Natalie Stearn's, a nightmare of denial and lies that went nowhere. I junked my life and sabotaged every relationship and opportunity, even though I tried every therapy known to man, practically.

The deep shadow was the key to unlocking the ability to be what I have come to respect as "a real woman." Embodied, able to bring awareness to both polarities of light and dark and to know energetically, emotionally what I am creating for myself and others in the here and now. To have real choice, that has taken courage. It has meant I have had to leave what was safe and known, my home, my family, and even my country. I had to experience what was outside my control and what was buried within my cellular memory at times not very grand.

This courage brought me into the mystical dark night of the soul, the place of a thousand heartbreaks and out its birth pangs into my woman's heart. It took courage to admit I was addicted to a corrupt ant-evolutionary force that was perpetuated through my contracts with the dark side of things. Abuse, incest extreme trauma and woundedness all drove me into these agreements to numb myself and cut off my human feelings.

This is not what Aysha was. She held a continuity of care always. I have come to believe if we are to address the crisis and insanity of these times we must find the way back to that stream of care. Women are the natural leaders of this time but first we must come out of the shadow of what has been our past.

Q. What must we come out of?

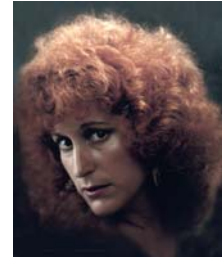
A. Women for thousands of years have suffered tremendous mutilation of their bodies, demonization of their magic and torture and slavery of their spirit. We have had no authority to shape any structure we now must live within. The whole feminine half of our psyche has been stolen from us and it is the part that has real compassionate intelligence that could offer viable alternatives.

Woman can bring forward solutions and energies from our real being. We invent from our sense of fun, the flow of our sensuality, our sacred sexuality that enlightens and innovates and makes life worth living. But where are the women stepping out with authentic female energy to reshape our troubled world? We have mothers killing their own children, mothers who do not instill conscience in their young. We have lost our connection to life. We need to pass through our own shadowland where our soul's energy has been kidnapped in order to free ourselves so that we can be healed to reshape a compassionate future.

Much has been taken away from us, but we can't just pole vault over thousands of years of abuse and expect to be present enough to feel our children's authentic being. Having the courage to Experience the deep shadow has been my missing link. I hope many women will embrace courageously this walk, read *Stealing the Moon* and participate in their own shadow dance.

About Sienna Lea

Sienna Lea has a MA Psychology and is a *Creative Potential Developer* who has studied and worked for thirty years on cutting edge of the psycho-spiritual revolution. She has been a Primal-based Therapist and was director of Steppingstone, a Center for Human Potential in Northern California. She studied with the creator of *Emotional Quantum Intelligence*, Ms. Aysha Love, traveling and facilitating in New Zealand, Spain and all across the Western United States.



Sienna combines innovative technologies in Bioenergy Balancing and Creative Potential Development. Her work breaks new ground in exposing the hidden agendas of power layered within the shadow aspects of the psyche. She is candid about her own recovery from what she has come to understand is "an addition to a both dark and corrupt antievolutionary energetic power held through pain and weaknesses in our minds and bodies."

Sienna Lea is an accomplished author, speaker and Seminar leader and lives in Carlsbad, CA and can be reached at transformingearth@yahoo.com.

Robbie Motter is one of the Founding Mentors of Women's Support TEAM at www.womenssupportteam.com, helping women achieve more success as a regional director of NAFE and founder of the www.Diva.Registry.com.